PUBLICATIONS CATALOG

Free Booklets About Medicare and Related Topics

- About Basic Medicare Information
- About Services Medicare Covers
- About Health Care Choices
- About Medicare Health Plan Choices
- About Costs and Payments
- About Your Rights and Protections

Visit www.medicare.gov

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#11

Free Booklets About Medicare and Related Topics

Medicare is a health insurance program for people age 65 and older, some people with disabilities under age 65, people with End-Stage Renal Disease (permanent kidney failure requiring dialysis or a kidney transplant. This catalog describes the many free booklets that are available to help people with Medicare understand their benefits and to get answers to their questions about Medicare.

How do I get these booklets?

You can:

1. Look at www.medicare.gov on the Web and select "Publications." You can read, print, or order these booklets.

2. Put your name on the Web mailing list to get an e-mail message every time a new booklet is available. To sign up, go to www.medicare.gov and select "Subscribe to Our Mailing List." Then, select "Publications," type your e-mail address in the box at the bottom, and select "Subscribe."

3. Call 1-800-MEDICARE (1-800-633-4227, TTY/TDD: 1-877-486-2048 for the hearing and speech impaired) and ask for a free copy of the booklet you want. To order Medicare booklets, press option "4."

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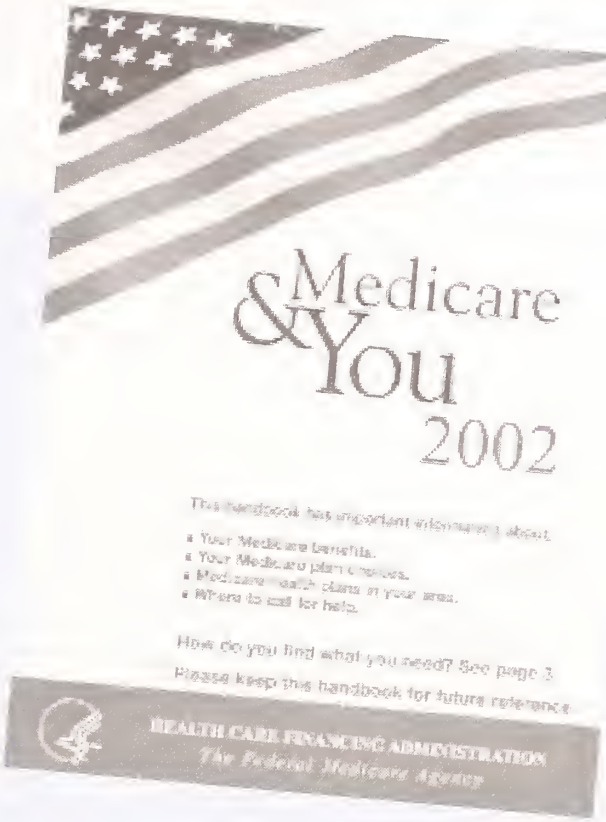
About Basic Medicare Information



Medicare & You 2002

This basic reference guide helps people with Medicare learn about the health care choices they have. It gives basic facts about the Medicare program, Medicare health plan choices, and other insurance and ways to pay health care costs. The handbook includes a list of phone numbers to call if you need help.

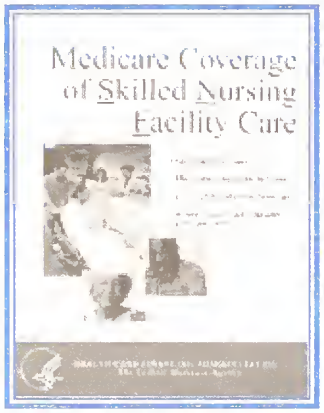
Available October 2001.

Available in:
English (HCFA Pub. No. 10050),
Spanish (HCFA Pub. No. 10050-S),
English Audiotape (HCFA Pub. No. 10050-RE),
Spanish Audiotape (HCFA Pub. No. 10050-RS),
Braille (HCFA Pub. No. 10050-B),
English Large Print (HCFA Pub. No. 10050-LE), and
Spanish Large Print (HCFA Pub. No. 10050-LS).

About Services Medicare Covers

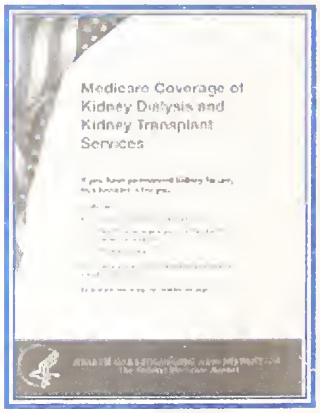
Medicare Coverage of Skilled Nursing Facility (SNF) Care

This informative booklet includes details on Medicare skilled nursing facilities (SNF) coverage, how to find and compare SNF's, your SNF rights and protections, and a list of important telephone numbers. Be sure to use the useful tips and checklists that can help you evaluate the SNFs that you visit.



Available in English (HCFA Pub. No. 10153),
Spanish (HCFA Pub. No. 10153-S),
English Audiotape (HCFA Pub. No. 10153-RE),
Spanish Audiotape (HCFA Pub. No. 10153-RS),
Braille (HCFA Pub. No. 10153-B),
English Large Print (HCFA Pub. No. 10153-LE), and
Spanish Large Print (HCFA Pub. No. 10153-LS).

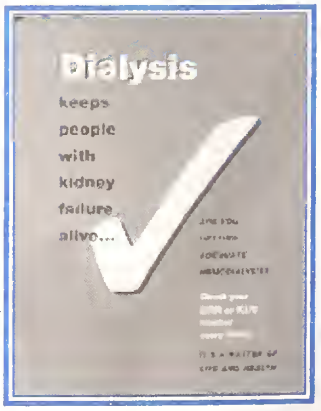
Medicare Coverage of Kidney Dialysis and Kidney Transplant Services



If you have permanent kidney failure, this booklet is for you. It discusses how to get Medicare if your kidneys fail, how Medicare helps pay for kidney dialysis and kidney transplants, and where to get help. It was updated in 2000.

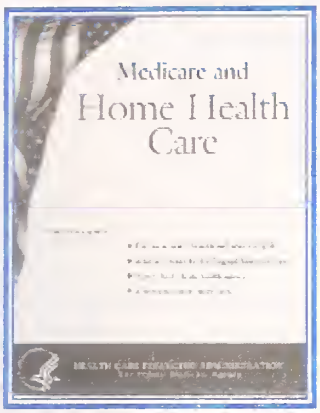
Available in English (HCFA Pub. No. 10128),
Spanish (HCFA Pub. No. 10128-S),
English Audiotape (HCFA Pub. No. 10128-RE),
Spanish Audiotape (HCFA Pub. No. 10128-RS),
Braille (HCFA Pub. No. 10128-B),
English Large Print (HCFA Pub. No. 10128-LE), and
Spanish Large Print (HCFA Pub. No. 10128-LS).

Dialysis



This booklet includes important information for people on hemodialysis. It's a matter of life and health.

Available in English (HCFA Pub. No. 10924), and Spanish (HCFA Pub. No. 10924-S).



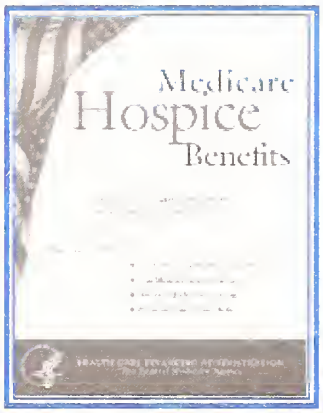
Medicare and Home Health Care

Find out if you are eligible for Medicare home health care benefits. Read this booklet to learn what Medicare covers and what kinds of questions to ask when choosing a home health care agency.

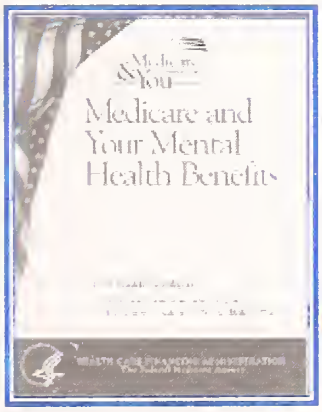
Available in English (HCFA Pub. No. 10969),
Spanish (HCFA Pub. No. 10969-S),
English Audiotape (HCFA Pub. No. 10969-RE),
Spanish Audiotape (HCFA Pub. No. 10969-RS), and
Braille (HCFA Pub. No. 10969-B).

Medicare Hospice Benefits

Hospice care is a special type of care for terminally ill patients. This booklet lists tips on how to find a hospice program, explains Medicare coverage, and tells you where to get more information.



Available in English (HCFA Pub. No. 02154),
Spanish (HCFA Pub. No. 02154-S),
English Audiotape (HCFA Pub. No. 02154-RE),
Spanish Audiotape (HCFA Pub. No. 02154-RS),
Braille (HCFA Pub. No. 02154-B),
English Large Print (HCFA Pub. No. 02154-LE), and
Spanish Large Print (HCFA Pub. No. 02154-LS).

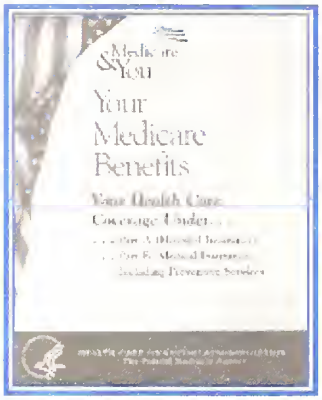


Medicare and Your Mental Health Benefits

Your mental health is an important part of your overall well-being. Use this booklet to learn what is covered under Medicare, who is eligible, and where to get help with questions.

Available in English (HCFA Pub. No. 10184), and
Spanish (HCFA Pub. No. 10184-S).

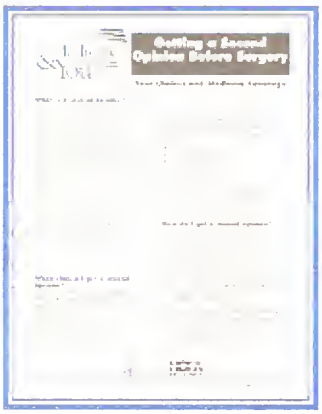
About Services Medicare Covers
(continued)



Your Medicare Benefits

It's important to know what Medicare covers. Learn about both Medicare Part A (hospital insurance) and Medicare Part B (medical insurance) with this booklet.

Available in English (HCFA Pub. No. 10116), and
Spanish (HCFA Pub. No. 10116-S) and
Chinese (HCFA Pub. No. 10116-C).



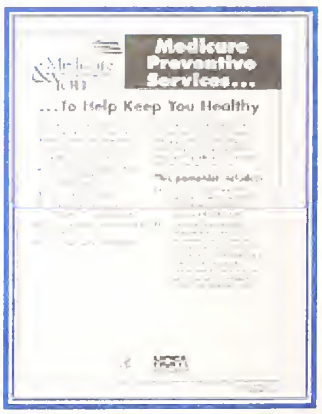
Getting A Second Opinion Before Surgery

This brochure tells you about Medicare coverage, and includes a step-by-step guide on how to get a second surgical opinion. Use this brochure to be prepared in case surgery is needed.

Available in English (HCFA Pub. No. 02173), and
Spanish (HCFA Pub. No. 02173-S).

Medicare Preventive Services

This pamphlet gives information to help keep you healthy! Use it to find out how to lower your risk of cancer, flu, pneumococcal pneumonia, diabetes, and other illnesses. Includes a chart that tells you which tests and shots Medicare covers. It also has handy tear-out reminder cards you can take to the doctor's office.



Available in English (HCFA Pub. No. 10110), and
Spanish (HCFA Pub. No. 10110-S) and
Chinese (HCFA Pub. No. 10110-C).

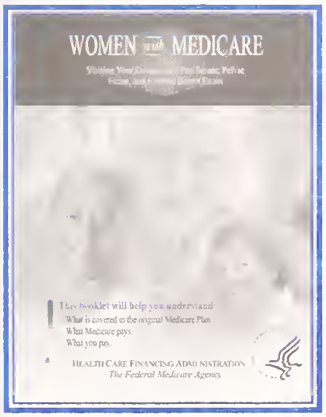
NEW!

Medicare & Clinical Trials

Learn about how Medicare now covers some care for people with Medicare who join clinical trials for the diagnosis and treatment of illnesses.

Available in English (HCFA Pub. No. 02226), and Spanish (HCFA Pub. No. 02226-S).

NEW!

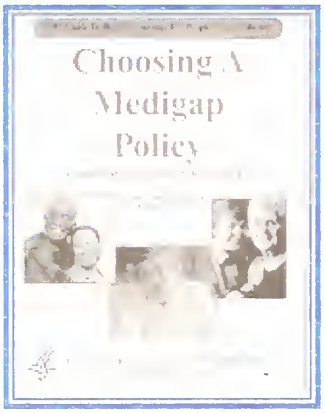


Women with Medicare: Visiting Your Doctor for a Pap Test, Pelvic Exam, and Clinical Breast Exam

This booklet provides information on three common preventive services for women with Medicare: the Pap test, pelvic exam, and clinical breast exam. It includes what services Medicare covers, what Medicare pays, and what you will pay.

Available in English (HCFA Pub. No. 02248), and Spanish (HCFA Pub. No. 02248-S).

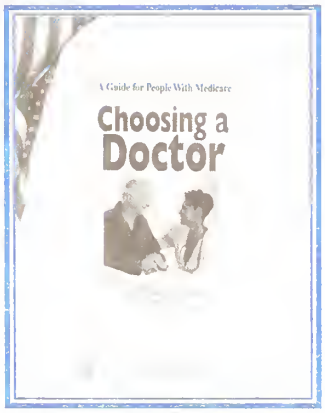
About Health Care Choices



2001 Guide To Health Insurance For People With Medicare: Choosing A Medigap Policy

This detailed guide describes how to choose a Medigap policy to supplement the Original Medicare Plan. It provides six easy steps to buying a Medigap policy, important tips to help you buy the Medigap policy that's right for you, and information on your Medigap protections if you lose health coverage.

Available in English (HCFA Pub. No. 02110),
Spanish (HCFA Pub. No. 02110-S),
English Audiotape (HCFA Pub. No. 02110-RE),
Spanish Audiotape (HCFA Pub. No. 02110-RS),
Braille (HCFA Pub. No. 02110-B),
English Large Print (HCFA Pub. No. 02110-LE), and
Spanish Large Print (HCFA Pub. No. 02110-LS).



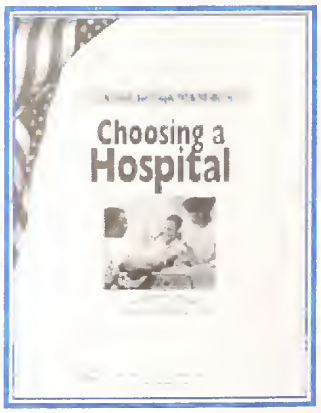
Choosing a Doctor: A Guide for People with Medicare

This guide contains useful information to help find the right doctor for you. It includes worksheets to help decide what you want in a doctor, questions to ask, and excellent resources for more information.

Available in English (HCFA Pub. No. 10180),
Spanish (HCFA Pub. No. 10180-S), and
Braille (HCFA Pub. No. 10180-B).

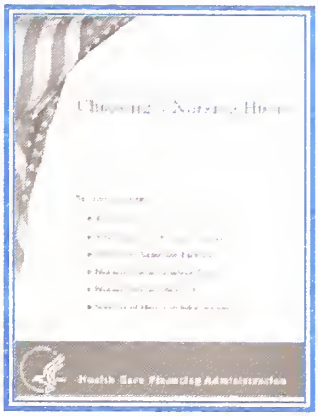
Choosing a Hospital: A Guide for People with Medicare

This guide provides useful tips on choosing the facility that best meets your or a family members needs for hospital care. It includes excellent referrals for more information on quality care.



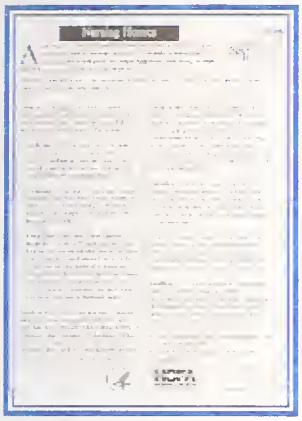
Available in English (HCFA Pub. No. 10181),
Spanish (HCFA Pub. No. 10181-S), and
Braille (HCFA Pub. No. 10181-B).

Your Guide to Choosing a Nursing Home



This guide discusses what to look for in a nursing home if you or a family member need one. It includes an evaluation checklist and a list of helpful resources for selecting a nursing home.

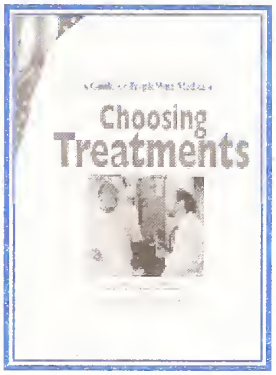
Available in English (HCFA Pub. No. 02174),
Spanish (HCFA Pub. No. 02174-S),
English Audiotape (HCFA Pub. No. 02174-RE),
Spanish Audiotape (HCFA Pub. No. 02174-RS),
and
Braille (HCFA Pub. No. 02174-B).



Nursing Homes

This fact sheet includes basic information on how to choose a nursing home and where to get more information, including a search tool called "Nursing Home Compare" on the Web at www.medicare.gov.

Available in English (HCFA Pub. No. 10121).



Choosing Treatments: A Guide for People with Medicare

This guide provides advice and worksheets to help you work with your doctor to help you choose the best treatment for any health problem. Includes excellent referrals for more information.

Available in English (HCFA Pub. No. 10182), Spanish (HCFA Pub. No. 10182-S), and Braille (HCFA Pub. No. 10182-B).

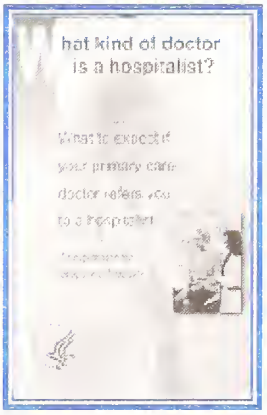
Coming Soon!

Choosing Long-term Care: A Guide for People with Medicare

This guide will help you understand long-term care options if you or family members need them. It will include information on who provides long-term care services, how to pay for long-term care, and more.

Will be available in English (HCFA Pub. No. 02223), Spanish (HCFA Pub. No. 02223-S), and Braille.

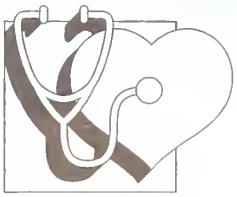
NEW!



What Kind of Doctor is a Hospitalist?

This booklet explains what to expect if your primary care doctor refers you to a hospitalist for care. Learn the differences between a primary care doctor and a hospitalist. It includes a chart that compares a primary care doctor and a hospitalist.

Available in English (HCFA Pub. No. 02244), and Spanish (HCFA Pub. No. 02244-S).

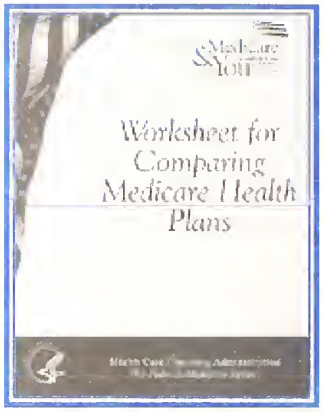


About Medicare Health Plan Choices

Worksheet for Comparing Medicare Health Plans

This worksheet explains your health care options. Use the worksheets to compare health plans and determine which health care plan is right for you!

Available in English (HCFA Pub. No. 10113), and Chinese (HCFA Pub. No. 10113-C).



Choosing a Medicare Health Plan: A Guide for People with Medicare

Coming Soon!

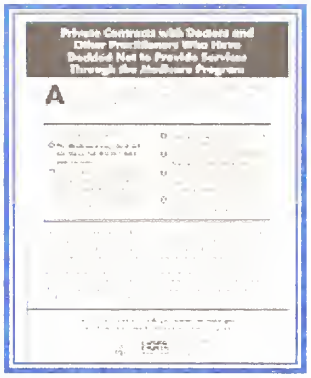
This guide has many tips and questions to help you make the Medicare health plan choice that is right for you. It includes step-by-step instructions that can help you find a Medicare health plan that will meet your needs and give you good quality care.

Available in English (HCFA Pub. No. 02219), Spanish (HCFA Pub. No. 02219-S), and Braille (HCFA Pub. No. 02219-B).

Private Contracts with Doctors and Other Practitioners Who Have Decided Not to Provide Services Through the Medicare Program

This fact sheet briefly explains about private contracts.

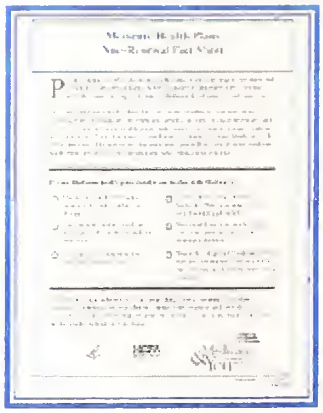
Available in English (HCFA Pub. No. 10109).

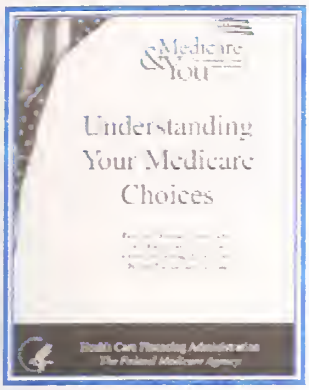


Medicare Health Plans Nonrenewal Fact Sheet

This fact sheet provides useful information if your Medicare health plan leaves the Medicare program. It includes important telephone numbers to call for help.

Available in English (HCFA Pub. No. 10173).





Understanding Your Medicare Choices

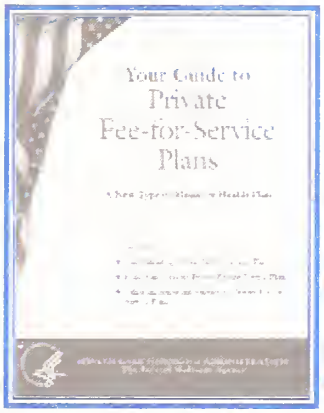
This brochure describes ways you may be able to get your health care and how Medicare works.

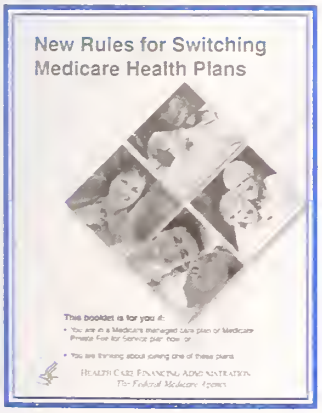
Available in English (HCFA Pub. No. 10120), and Spanish (HCFA Pub. No. 10120-S).

Your Guide to Private Fee-for-Service Plans

Learn about one of the Medicare health plan choices available in some areas of the country. This booklet includes detailed information on this plan, with examples and a chart explaining differences among Private Fee-for-Service plans, the Original Medicare Plan, and Medicare managed care plans.

Available in English (HCFA Pub. No. 10144), and Spanish (HCFA Pub. No. 10144-S).





NEW!

New Rules for Switching Medicare Health Plans

Are you in a Medicare managed care plan now or are you thinking about joining one? The rules for switching Medicare health plans are changing starting January 1, 2002. This booklet explains the new rules that may affect you.

Available in English (HCFA Pub. No. 02241), and Spanish (HCFA Pub. No. 02241-S).

About Costs and Payments

Medicare Savings Programs

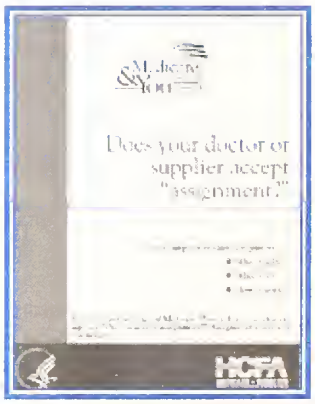
This booklet describes special programs that can help people with low incomes and limited resources save money on their health care costs. Follow these three steps to find out about programs that can put money back in your pocket.

Available in English (HCFA Pub. No. 10126).

Does your doctor or supplier accept "assignment"?

This booklet explains what it means when a doctor or supplier accepts assignment in the Original Medicare Plan. Learn how assignment can save you money if you are in the Original Medicare Plan.

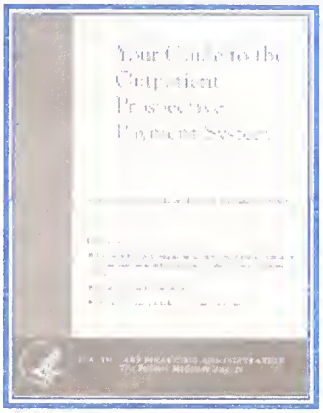
Available in English (HCFA Pub. No. 10134),
Spanish (HCFA Pub. No. 10134-S),
English Audiotape (HCFA Pub. No. 10134-RE),
Spanish Audiotape (HCFA Pub. No. 10134-RS), and
Braille (HCFA Pub. No. 10134-B).



Your Guide to the Outpatient Prospective Payment System

Learn about how the Original Medicare Plan pays for outpatient services since July 2000, and your rights and protections. Includes a list of important telephone numbers and examples.

Available in English (HCFA Pub. No. 02118), and Spanish (HCFA Pub. No. 02118-S).



Coming Soon!

Health Care Coverage Directory for People with Medicare

This booklet provides detailed information on the different ways you can get help with your health care costs. These programs may be able to help save you money.

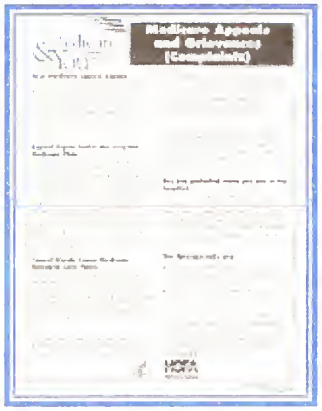
Available in English (HCFA Pub. No. 02231), and Spanish (HCFA Pub. No. 02231-S).

Medicare and Other Health Benefits: Your Guide to Who Pays First

Use this guide to help you understand whether Medicare or your other insurance pays first when you get health care services.

Available in English (HCFA Pub. No. 02179), and Spanish (HCFA Pub. No. 02179-S).

About Your Rights and Protections



Medicare Appeals and Grievances (Complaints)

Learn how to file an appeal or grievance if you have a complaint in the Original Medicare Plan and in other Medicare health plans.

Available in English (HCFA Pub. No. 10119), and Spanish (HCFA Pub. No. 10119-S).

Coming Soon!

Medigap Policies

This brochure provides basic information about Medigap policies which supplement the Original Medicare Plan.

Available in English (HCFA Pub. No. 10139), and Spanish (HCFA Pub. No. 10139-S).

Pay it Right! Protecting Medicare from Fraud

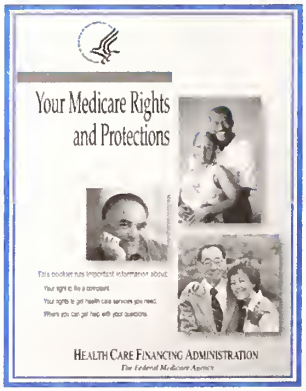
Each year, fraud causes Medicare expenses to grow! Learn how to spot warning signs of fraud and how to report errors and concerns. Also learn how to protect yourself and the Medicare program. It includes a list of tips to prevent fraud.

Available in English (HCFA Pub. No. 10111), Spanish (HCFA Pub. No. 10111-S), and Chinese.

Your Medicare Rights and Protections

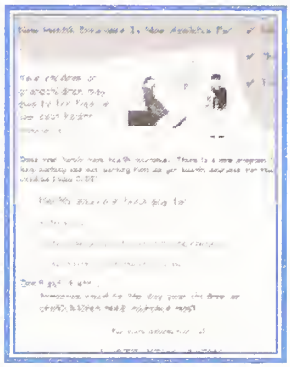
Lists your Medicare rights and protections in the Original Medicare Plan and other Medicare health plans as well.

Available in English (HCFA Pub. No. 10112), Spanish (HCFA Pub. No. 10112-S), and Chinese (HCFA Pub. No. 10112-C).



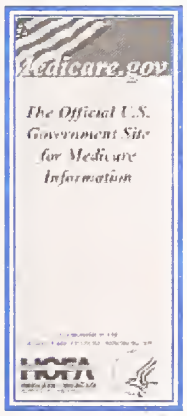
Other Medicare Publications

New Health Insurance Now Available for Infants, Children, and Teens



This is a fact sheet on the State Children's Health Insurance Program, a program to help provide free health coverage for uninsured children.

Available in English (HCFA Pub. No. 10135), and Spanish (HCFA Pub. No. 10135-S).



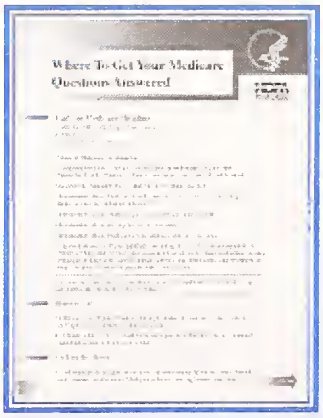
Medicare.gov

This brochure has useful information about HCFA's website www.medicare.gov. It includes information on HCFA's many comparison databases, including Medicare Health Plan Compare, Nursing Home Compare, Helpful Contacts, and more!

Available in English (HCFA Pub. No. 10108), and Spanish (HCFA Pub. No. 10108-S).

Where To Get Your Medicare Questions Answered

NEW!



This fact sheet explains who you should call to get your Medicare questions answered. When should you call the Medicare helpline? When should you call the Social Security Administration?

Available in English (HCFA Pub. No. 02246), and Spanish (HCFA Pub. No. 02246-S).

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NOTE:

- At the time of printing, the titles listed were correct. Booklets are revised and updated throughout the year, and new booklets may become available. The publication number always stays the same.
- For the most up-to-date list of publications, visit www.medicare.gov on the Web. Select "Publications."

- To get a copy of this catalog in Spanish, call 1-800-MEDICARE (1-800-633-4227, TTY/TDD: 1-877-486-2048 for the hearing and speech impaired).
- ¿Necesita usted una copia de esta publicación en español? Llame gratis al 1-800-MEDICARE (1-800-633-4227, TTY/TDD: 1-877-486-2048 para personas con impedimentos auditivos o del lenguaje oral).